

INDEPENDENT MONITORING FOR QUALITY (IM4Q)

Annual Statewide Training 2015

July 29 and 30 / Harrisburg, PA

AGENDA \ Wednesday / July 29, 2015

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**REGISTRATION
DEADLINE: JULY 10**
(details page 4)

8:30 – 9:30 REGISTRATION

9:30 – 10:00 WELCOME

Nancy Thaler, *Deputy Secretary,
Office of Developmental
Programs (ODP), Department of
Human Services*

**10:00 – 11:15
KEYNOTE ADDRESS**

*Presenter: Tia Nelis,
Self-Advocates Becoming
Empowered (SABE)
Chicago, IL*

Tia will discuss how Self-Advocates Becoming Empowered (SABE) was started 25 years ago, at the same time the ADA became the law of the land. She will also talk about her personal journey as an empowered self-advocate.

11:15 – 11:45 BREAK



11:45 – 1:00 WORKSHOP #1

A. Self-Advocacy – What’s It All About?

Tia will talk about self-advocacy as part of a movement rather than a program, the growth of self-advocacy across the county and how it looks in different places. She will also discuss how you can become involved as a self-advocate or ally.

Presenter: Tia Nelis, SABE, Chicago, IL

B. Understanding the New CMS Rule

States are beginning to implement new rules that define “community” for Medicaid funded Home and Community Based Services (HCBS). These rules create an opportunity to transform state systems to support real integration and move away from congregate models that limit autonomy, choice, and community interaction. This presentation will provide an overview of the rules, recent guidance and state level activities and describe how to advocate for change in your state.

Presenter: Alison Barkoff, Director of Advocacy, Bazelon Center for Mental Health Law

C. “How To” in Developing Meaningful Considerations

This session is geared toward helping monitors improve their development and writing of considerations. The presenters will discuss ideas and strategies that have been successful for them in identifying and developing considerations that are meaningful to individuals being interviewed.

Presenters: Nancy Sperlazzo, Arc of Luzerne IM4Q Program; Sharon Beck, Montgomery IM4Q Program; Crystal Garvin, Philadelphia AE, and Judy Dora, Chatham University IM4Q Program

D. Using IM4Q to Improve the Service System

This session will focus on the opportunities that ODP has to use IM4Q data to support Futures Planning long-range goals and near-term objectives, as well as how the data can be incorporated into HCBS Final Rule transition planning and Consolidated and P/FDS Waiver Quality Improvement Strategy. There will also be discussion around recommendations that were submitted to the Deputy Secretary by the IM4Q Statewide Steering Committee based on the latest statewide summary report.

Presenters: Nancy Thaler, Deputy Secretary and Dolores Frantz, Quality Management Director, ODP

(Agenda continued on page 2)

E. What Does It Mean to be Person-Centered?

How do you know if you're implementing person-centered practices in your work/ organization? In our travels we hear people talk about being person-centered. In this workshop, participants will learn about various tools/techniques that organizations are using to implement person-centered practices.

Presenters: Lisa Meyer, Program Director, Tuscarora Independent Intermediate Unit, Person-Centered Thinking, Plan Facilitation, and Essential Lifestyle Plan Mentor Trainer, Learning Community for Person-Centered Practices

1:00 – 2:00 LUNCH

2:00 – 3:15 WORKSHOP #2

A. Nuts and Bolts for Newbies

A session for new comers to IM4Q: monitors, program staff, supports coordinators, and AE staff. See why IM4Q was developed, the tools that have been created as best practices over the past 15+ years, and ask all your questions of veteran IM4Q local program coordinators.

Presenters: Christine Greene, St. Francis University IM4Q Program and Donna Hornberger, Arc of Lancaster IM4Q Program

B. FYI: New Requirements for Reporting Child Abuse

The presenter will discuss the changes to the Federal Child Abuse Reporting Law, and provide information on who are mandated reporters and the changes in reporting requirements.

Presenter: Julie Bator, Program Director, Northampton County Children Youth and Families

C. Policy 101: Basics of Disability Policy in Pennsylvania

If you're interested in the latest policy updates that impact people with disabilities, join Maureen Cronin, Terry Roth, and Ashlinn Masland-Sarani from the Policy Information Exchange for a roundtable policy discussion. These policy wonks follow state policy issues inside and out. Whether you're new to policy issues or a seasoned advocate, please join us as we explore the Pennsylvania state budget, ABLE Accounts, the ID Waiting List, Adult Protective Services, and other current policy issues.

Presenters: Terri Roth, Maureen Cronin, and Ashlinn Masland-Sarani, Arc of PA

D. Responding to Considerations

Supports Coordinators will share how they ensure that the "loop is closed" when responding to considerations and follow-up activities. There will be time for discussion and sharing by participants.

Facilitator: Mirka Picone, Northampton AE

Presenters: Aisha Williford, Quality Progressions SCO; Kelly Phelen, Lancaster SCO, and Rachel Bernini, Lehigh Valley SAM, Inc.

3:15 – 3:45 Break

3:45 – 4:45

KEYNOTE PANEL PRESENTATION

Tools for a Successful Transition from High School

Facilitator: Diane Perry

A panel of parents, who have assisted their children thru the transition journey from high school, will share their own personal experiences. Each transition is unique and you will hear various tools needed for a successful transition. Resources will also be shared.

Panel: Karen Salomon, Montgomery; Margie Austin, Philadelphia; Melisa Hunter, Williamsport

4:45 – 7:00 Dinner on Your Own

7:00 – 9:00 Dessert Reception, Raffle, Auction and Music

(Thursday's agenda starts on page 3)

7:30 – 8:00 CONTINENTAL BREAKFAST

8:00 – 8:15 WELCOME

Patty McCool, *Office of Developmental Programs (ODP), Department of Human Services*

8:15 – 9:30 KEYNOTE PRESENTATION

WRAP

Presenter: Gina Calhoun
Copeland Center

Ms. Calhoun works for the Copeland Center for Wellness and Recovery as the National Director of Education. Gina's sister Rachel is a person with developmental distinctions striving to live an everyday life. She has taught Gina the value of focusing on 'What's Strong' not 'What's Wrong'.

Gina co-authored a workbook, WRAP for People with Developmental Distinctions. This workbook supports people who learn and communicate in a variety of ways to develop their own plan to stay happy and healthy. Gina won the Timothy J. Coakley Behavioral Health Leadership Award for her work improving the lives of people living with developmental disabilities.

9:45 – 11:00 WORKSHOP #3

A. WRAP® for People with Developmental Distinctions

This workshop will explore WRAP® for People with Developmental Distinctions to include the workbook based on the Wellness Recovery Action Plan® and the 8-week WRAP group geared toward people who have their own unique way of learning and/ or communicating. Through an interactive process we will explore how the Wellness Recovery Action Plan can support people to live everyday lives with hope, personal responsibility, education, self-advocacy and support.

Facilitator: Gina Calhoun, *Copeland Center*

Presenters: Lori Young, Kristen Fisher, Rachel Calhoun and Michael Jones

B. 10% Follow Up and Signs of Quality

Local programs will share how they complete the required 10% follow-up on considerations, as well as, how they use signs of quality to assure individuals lives are improved. There will be time for discussion and sharing by participants.

Presenters: Jim Hutchinson, *Vision for Equality IM4Q Program*, Johann Conkling, *Always on Our Own Erie IM4Q Program* and Jen Duggan, *Advocacy Alliance IM4Q Program*

C. ODESA Updates

The presentation will deliver a walk-through of the reports function of ODESA. Sample reports and options for reports will be shown. An update on system upgrades will also be shown.

Presenters: Stephanie Giordano and Dorothy Hersteiner, *Human Services Research Institute, Cambridge, MA*

D. Adult Protective Services

The APS Program is administered by the Department of Human Services (DHS), Office of Administration (OA), Bureau of Human Services Licensing (BHSL), and Division of Adult Protective Services. The APS law is similar to the Older Adult Protective Services Act (OAPSA) administered by the Department of Aging. This session will focus on the mandatory reporting requirements of the law and provide additional information concerning the investigations and services provided by Liberty Healthcare.

Presenter: Kathy Zumbrun, *APS Director, Bureau of Human Services Licensing (BHSL)*

(Agenda continued on page 4)

SPECIAL THANKS TO THE MEMBERS OF THE 2015 IM4Q ANNUAL STATEWIDE TRAINING PLANNING COMMITTEE

| | |
|----------------------------|---------------------------|
| <i>Guy Caruso</i> | <i>Donna Hornberger</i> |
| <i>Mary Kay Cunningham</i> | <i>Shirley Keith-Knox</i> |
| <i>Jackie Epstein</i> | <i>Shterri Montgomery</i> |
| <i>Linda Drummond</i> | <i>Deb Neifert</i> |
| <i>Celia Feinstein</i> | <i>Mirka Picone</i> |
| <i>Elliot Glickman</i> | <i>Lee Stephens</i> |
| <i>Christine Greene</i> | <i>Sheila Theodorou</i> |

E. Compassion Fatigue & Vicarious Trauma: “When Caring Hurts”

It is imperative that caregivers understand, at times “caring can hurt”. According to Figley (1980) compassionate care is used to refer to people who suffer from being in a helping capacity for a long time. The compassionate caregiver must first identify the stressors that can arise from caring, and most importantly care for themselves. This presentation will educate the audience on the phenomenon of compassion fatigue and its “first cousin” vicarious trauma (which speaks to caregivers’ identification with the trauma their care recipients’ have experiences). Participants will also be introduced to a few coping skills to aid with the stressors and burn out that individuals experiencing compassion fatigue can utilize.

Presenter: Dr. Charlene Lan, *Shippensburg University*

11:00 – 12:15 BRUNCH *Pennsylvania Ballroom*

12:15 – 1:30 WORKSHOP #4

A. A. Keeping True to the Mission of IM4Q and ODP Values

This session will allow participants to explore their personal values and attitudes, as well as emphasize the core values of ODP and IM4Q. In addition, aspects of IM4Q will be emphasized that perhaps over time IM4Q programs have been overlooking or as is typical in any program. The perspectives of an IM4Q Program Coordinator, IM4Q Technical Advisor, and ODP representative will be offered.

Presenters: Guy Caruso, *Institute on Disabilities at Temple University*; Patti McCool, *ODP* and Stephanie Coston, *Community Voices IM4Q Program*

B. Accessible Home Choice!

Accessible Dreams will present three consumer directed programs that resulted in persons with disabilities being able to achieve housing solutions that meet their specific needs and budgets in a neighborhood of their choice. These programs cover all income levels, both rental and for sale and can be duplicated in your area.

Presenter: Lucy Rooth, *Executive Director, Accessible Dreams*

C. Thingamabobs, Doohickeys and Whatchamacallits

Overview of Assistive Technology (AT) and Pennsylvania resources, including an AT hands-on activity.

Presenter: Amy Goldman, *Co-Executive Director, Institute on Disabilities at Temple University*

D. ODESA Updates

(Same as Workshop #3, Session C)

E. Adult Protective Services

(Same as Workshop #3, Session D)



IM4Q is funded through the Commonwealth of Pennsylvania Office of Developmental Programs (ODP) through the Institute on Disabilities at Temple University.



Institute on Disabilities

REGISTER BY JULY 10 AT

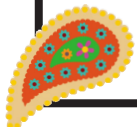
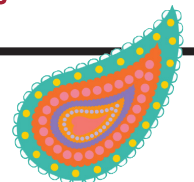
<https://www.temple.edu/instituteondisabilities/register/im4q/>

or CALL 215-204-1356

**Request special dietary needs and/or alternative formats at time of registration.*

REGISTRATION COST IS \$70 PER PARTICIPANT (Supports Coordinators only: BUY ONE, GET ONE FREE!)

- Make checks payable to Temple University.
- For hotel reservations, contact the Hilton directly at 717-233-6000 (a block of rooms is reserved at a special rate of \$122/night).



IM4Q Annual Statewide Training 2015

July 29 and 30

Harrisburg Hilton & Towers / Harrisburg, PA

PRINTABLE REGISTRATION FORM

PLEASE complete one form for each participant. Registration fee for the IM4Q Training is \$70.

CHECKS should be made payable to Temple University and sent with registration.

Send completed form and check to: IM4Q Training 2014

Institute on Disabilities at Temple University

Student Center Room 411 S

1755 N. 13th Street

Philadelphia, PA 19122

NAME _____

ROLE (e.g. program coordinator, monitor, etc.) _____

AGENCY _____

ADDRESS _____

CITY _____

STATE/ZIP _____

PHONE _____

EMAIL _____

Check for \$70 payable to Temple University enclosed.

(FOR SUPPORTS COORDINATORS ONLY: BUY ONE, GET ONE FREE!)

Special dietary requests _____

Vegetarian lunch

Other, please specify _____

Materials in alternate formats are available upon request. (disk, etc.) Please specify format.

A block of rooms is being held at the Harrisburg Hilton at a rate of \$122 per night. Participants must contact the hotel directly at 717-233-6000 for reservations.

NOTE: *The training will take place in a hotel where room temperature often varies. If you tend to be cold, please bring a sweater.*

Registration should be received NO LATER THAN JULY 10, 2015.