

## **Email Blast**

# Resources for Families and Caregivers of Individuals with ID/A Preparing for Transition to Community



Many things have changed as a result of COVID-19 and will continue to change in the coming weeks and months. As communities prepare to open up there will be new rules and guidelines in place to keep people safe and healthy. For individuals with intellectual disabilities and/or autism, this process may be even more complicated.

To assist, AlDinPA – a collaboration between PA Healthcare Quality Units, ASERT, Community of Practice, and ODP – has compiled resources for easing community re-entry in compliance with state regulations while prioritizing an individual's desires.

### Your Roadmap Back into the Community

The attached guide, <u>Your Roadmap Back into the Community</u>, can assist family members and caretakers in assessing critical community re-entry criteria for individuals. <u>Your Roadmap Back into the Community</u> acts as a guide to supplements a similar transition guide that supports coordinators and counties use to assess community transition readiness. Families may use this guide to prepare for community re-entry and SC assessments.

### **Resource Guide to Community Readiness**

The <u>Resource Guide to Community Readiness</u> is designed to provide resources and to help plan a path forward for families and caregivers as you consider the many different ways in which lives have been impacted as a result of COVID-19. Information within the guide can be used to help plan for services and supports that may be needed, and inform discussions with supports coordinators, service providers and support staff.

- For more information and resources visit <a href="https://aidinpa.org/">https://aidinpa.org/</a>
- For questions please email RA-PWODP OUTREACH@pa.gov

Using the LifeCourse Tools to Create an Emergency Plan Webinar (see next page)



### Empowerment through education, support and advocacy

### Using the LifeCourse Tools to Create an Emergency Plan







Facilitators: Francine Hogan, Director, PA Family Network
Diana Morris Smaglik, Program Manager,
PA Family Network
Jennifer Harniman-Crangle, LSW, PCHC Family Facilitator

### Live Webinar on June 11, 2020 11 AM - 12:30 PM

Register in advance for this webinar:

### Click Here To Register

Clear communication during an emergency is important!

Let's create a vision for supporting you and your loved ones during the COVID-19 pandemic. Using the LifeCourse tools, we will show you how to develop a one page plan that describes how best to support you during these challenging times and beyond.

### Resources and tools will be shared!

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