



REHABILITATION & COMMUNITY
PROVIDERS ASSOCIATION

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RELIAS TO Host Free Webinars on COVID-19

Relias is offering a free webinar series to help healthcare professionals and individuals understand, prepare for, and prevent the spread of the novel Coronavirus (COVID-19). Sign up below.

Complicated Grief and Loss: Uncharted Territory With COVID-19

Date: Tuesday, May 5, 2020

Time: 2:00 p.m. ET

Duration: 1 hour

This pandemic is unlike anything we have ever witnessed. Patients who are seriously ill with COVID-19 are physically separated from their families due to risk of viral spread. Patients are dying alone, and families are having to say goodbye to their loved ones over cell-phones and iPads. Healthcare professionals are struggling with moral distress, compassion fatigue, and burnout from limited equipment and protective gear, cumulative losses, and heavy workloads. This webinar will discuss the difficult loss experiences patients, families and healthcare workers are facing and strategies to deal with the associated grief.

[Register for May 5](#)

Ask the Experts: innovaTel Telepsychiatry Shares Telemental Health Best Practices

Date: Monday, May 11, 2020

Time: 2:00 p.m. ET

Duration: 1 hour

During this Ask the Expert webinar, experienced telehealth practitioners from innovaTel Telepsychiatry will share tips in preparing yourself and clients for sessions and tactics for engaging new and established clients. innovaTel providers have been delivering care exclusively via telehealth technology for the last six years. This session is intended to support those who are new to telehealth or looking for a refresher—**bring your questions and be prepared to engage in this dynamic webinar!**

[Register for May 11](#)

Teepa Snow: Providing Dementia Care During COVID-19 Q&A

Date: Wednesday, May 13, 2020

Time: 3:00 p.m. ET

Duration: 1 hour

During our first COVID-19 webinar with Teepa Snow, Living With Dementia During The COVID-19 Pandemic, we received many thoughtful questions about how to provide care to people living with dementia. To properly address the unique challenges of those providing care during this pandemic, Teepa Snow and Melanie Bunn are hosting a follow up webinar to answer the questions we have received, as well as field additional questions.

[Register for May 13](#)

Identifying Signs of Depression and Anxiety in People Living With Dementia

Date: Thursday, May 28, 2020

Time: 3:00 p.m. ET

Duration: 1 hour

The brains of people living with dementia are very vulnerable to chemical changes and psychological conditions. The recent COVID-19 pandemic has caused extreme changes in day-to-day routines, and those who are living with dementia may or may not be able to fully comprehend the reasoning behind all the changes. Individuals living with dementia are therefore at a greatly increased risk for depression and anxiety due to isolation and changes in daily routine they have been experiencing. Recognizing changes that may signal symptoms of a mood or emotional disorder is vital in providing the best possible care and responding effectively. During this session Teepa Snow will help providers recognize and respond more accurately to depression and anxiety to reduce the chances for escalation and 'non-helpful' hospitalizations.

[Register for May 28](#)
