

## **Wolf Administration Encourages Pennsylvanians to Stay Connected in Celebration of National Recovery Month**



**FOR IMMEDIATE RELEASE**  
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**Harrisburg, PA** – Today, the Wolf Administration is encouraging all Pennsylvanians to celebrate and participate in statewide September celebrations of individuals in recovery and offer hope to those battling substance use disorder.

Kicking off its 31st year, National Recovery Month is a national observance held every September. This year's theme is *Join the Voices of Recovery: Celebrating Connections*.

"Years from now history books will detail the year 2020 as divisive and devastating, but thankfully for the drug and alcohol community, the arrival of September is welcome," said Department of Drug and Alcohol Programs (DDAP) Secretary Jennifer Smith. "It is a month that we celebrate overcoming adversities and spread hope in our communities. Although our celebrations may look different this year, there has never been a more important time to remain connected to those around you. Together, connected, we will help our loved ones overcome substance use disorder."

"Amidst a global pandemic, we want those with the disease of addiction to know that recovery is possible," Secretary of Health Dr. Rachel Levine said. "We remain committed to our efforts within the commonwealth to assist those who are taking a bold step to seek assistance for their disease. All Pennsylvanians play a role in helping to end the substance use disorder crisis, and together we can help those who are suffering."

Individuals seeking recovery resources for themselves or a loved one can call the toll-free PA Get Help Now helpline at 1-800-662-HELP (4357). A live chat option is also available online or via text message at 717-216-0905 for those seeking help who may not be comfortable speaking to a helpline operator.

For more information on statewide events happening during the month of September and treatment options around the commonwealth, visit DDAP's website <https://www.ddap.pa.gov/Pages/National-Recovery-Month.aspx> and <https://apps.ddap.pa.gov/gethelpnow/>.

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