Pennsylvania Emergency Behavioral Health Program



What's Next? Anticipating the Behavioral Health Challenges of a Post-Pandemic World (EBH Program)

DATE: Monday, August 9, 2021 TIME: 10:00AM – 11:30AM Register through TRAINPA LOCATION: ZOOM

Sponsored by: PA Department of Health Bureau of Emergency Preparedness and Response PA Department of Human Services Division of Emergency Planning and Safety Operations Office of Mental Health and Substance Abuse Services

THERE IS NO CHARGE FOR THIS PROGRAM.

Funding for this training was made possible (in part) by the Centers for Disease Control and Prevention and/or Department of Health and Human Services Assistant Secretary for Preparedness and Response. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services, nor does the mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government. Dlease see last page



GENERAL INFORMATION

As the world begins turning a corner on the COVID-19 pandemic, many people are championing the new normal. However, for many, it's likely that the new normal seems more new, and less normal, than many will be comfortable with. New-anything may not seem at all inviting after a year of new-everything

The lingering effects of isolation, health anxieties and pandemic fatigue can easily follow people back into the re-imagined school and work environment, impacting physical and mental wellness. Reopening society will not be like flipping a switch—it will be a process rather than an event. There are still many unknowns and uncertainty will continue. Reactions to our collective uncertainty may include:

- Lingering concerns about health risk associated with in-person contact
- Residual emotional distress, including anxiety, depression, grief and traumatic stress
- Social awkwardness in navigating relationships
- Adjustment issues related to new routines, including once again commuting to work or school
- Ongoing difficulties with concentration and attention
- Vague, generalized nervousness and unease

For those experiencing "long COVID-19" and/or complicated grief and bereavement, the recovery and return to pre-pandemic life may even be more challenging. Join us for this 90-minute virtual training event exploring "what's next" in the behavioral health response to COVID-19.

Targeted Audience

The program is being offered to expand the skills of behavioral health and emergency/disaster responders across the Commonwealth of Pennsylvania. This includes Emergency Behavioral Health County Coordinators, EBH members, and other emergency/disaster response personnel.

FACULTY

Steven Crimando, MA, BCETS, CHS-V, Principal, Behavioral Science Applications

CLINICIAN AND EDUCATOR SPECIALIZED IN THE PSYCHOLOGY OF HOMELAND SECURITY, AND HUMAN FACTORS IN EMERGENCY MANAGEMENT.

A veteran disaster behavioral health responder and educator who provides consultation and training to government and private sector emergency management, security and public health organizations worldwide.

REGISTRATION INFORMATION

Please follow INSTRUCTIONS FOR ON-LINE REGISTRATION on page 4 (last page of brochure). PRE-REGISTRATION THROUGH TRAINPA IS REQUIRED. PLEASE REGISTER BY August 8, 2021

PROGRAM AGENDA

TIME	Topics
10a-11:30a	Presentation

ATTENDANCE AND COMPLETION CERTIFICATES ARE AWARDED IN AMOUNT OF <u>CEU</u> HOURS, as listed below:

"NASW-PA Chapter is a co-sponsor of this workshop. <u>**1.5 CEs**</u> will be awarded for completion of this course. NASW has been designated as a pre-approved provider of professional continuing education for social workers (Section 47.36), Marriage and Family Therapist (Section 48.36) and Professional Counselors (Section 49.36) by the PA State Board of Social Workers, Marriage & Family Therapists and Professional Counselors."

<u>**** NASW Certificate Fee</u>: \$15 NASW members; \$25 NASW Nonmembers; a course specific evaluation must be submitted with the appropriate fee.

Nursing Contact Hours Act 58: The Pennsylvania Department of Health is an approved provider of continuing education for registered nurses in Pennsylvania under Act 58 of 2006 and 49 PA Code, Chapter 21§ 21.134 (Continuing Education Sources) of the rules and regulations of the State Board of Nursing. <u>CEUs Pending</u> hours will be awarded for this course.

Emergency Medical Services (EMS): Continuing education credits of <u>1.5 hours (Other)</u> for this course for First Responders (FR), Emergency Medical Technicians (EMT), Emergency Medical Technicians – Paramedics (EMT-P) and Pre-Hospital Registered Nurses (PHRN).

Educators Act 48: Pursuant to Act 48 of 1999, Section 1205.2 (Program of Continuing Professional Education) (d), the Pennsylvania Department of Health, Division of School Health is an Approved Provider of the Pennsylvania Department of Education. <u>**CEUs Pending**</u> hours will be awarded for this course.

INSTRUCTIONS FOR ON-LINE REGISTRATION TRAIN PA (NEW LEARNING MANAGEMENT SYSTEM PA-EBH What's Next? Anticipating the Behavioral Health Challenges of a Post-Pandemic World 2020/2021 DATE: Monday, August 9, 2021 TIME: 10:00AM – 11:30AM

Register through TRAINPA LOCATION: ZOOM

PLEASE REGISTER BY <u>August 8. 2021.</u> NO REGISTRATIONS ACCEPTED BY PHONE. <u>PLEASE READ AND FOLLOW INSTRUCTIONS CAREFULLY TO REGISTER</u>. IF YOU HAVE DIFFICULTY REGISTERING USING THE ON-LINE REGISTRATION, PLEASE CALL 717-510-8563 FOR ADDITIONAL INFORMATION.

Course Registration: How to register for PA-EBH courses once you have a TRAIN PA account: All instructions below must be completed by first logging in to TRAIN PA.

1. Open a web browser (like Chrome, Firefox, or Edge).

2. Go to https://www.train.org/pa. You will now be at the TRAIN PA homepage.

3. Log in to TRAIN PA by entering your **Login Name** and **Password** and clicking the **LOGIN** button.

Find Course and Register-

1.Enter the keyword **PA-EBH** in the **Keyword or Course ID** field located in the upper righthand portion of the TRAIN PA screen.

 Click the (search icon) button. You will now be taken to the Course Search Results page.
Click on the name of a course—PA-EBH What's Next? Anticipating the Behavioral Health Challenges of a Post-Pandemic World 2021/2022

4. From the Course Details page, select the **Registration** tab and follow the instructions to register for this course.

IMPORTANT: If you are unable to attend after you register, <u>please cancel</u> your registration.