

Invitation to Apply for the Capacity Building Institute (Year 6)

AUDIENCE:

The Capacity Building Institute (CBI) offers an in-depth learning opportunity to professionals across the entire service partnership including direct support staff and supervisors, supports coordinators/case managers and supervisors, agency trainers, managed care organizations, behavior specialists, psychiatrists, professional counselors and therapists, and dual diagnosis treatment teams. CBI participants represent a wide range of agencies including Direct Support Providers, Supports Coordination, State Hospitals, State Centers, Adolescent Residential Treatment Facilities, Autism Supports, Education, Resources and Training Centers, Administrative Entities, and the Health Care Quality Units.

PURPOSE:

Many people feel at a loss as to how to best provide support to individuals with a dual diagnosis (individuals with an Intellectual Disability and Autism with co-occurring mental health issues, and challenging behaviors) to lead healthy, happy, and meaningful lives. Current best practices and supportive models that have shown to be most helpful are sometimes beyond the reach of people who work directly with individuals with a dual diagnosis. CBI addresses these issues from an individual and systemic level through training, integration of knowledge into practice, and opportunities to build a statewide cohort to work together to effect change and build capacity. The participants will share individual best practice experiences leading to recommendations to the Office of Developmental Programs and Office of Mental Health and Substance Abuse Services to facilitate a more effective delivery of services across systems.

DISCUSSION:

The Capacity Building Institute Year 6 will meet once a month for a two-day session, from 9:00 am – 3:00 pm beginning May 2022 and ending in February 2023.

Information on how to express interest in participating, session information and requirements are identified on pages 2 and 3.

Directed by Gregory Cherpes MD, ODP Medical Director, and Dr. Beth Barol, CBI brings together a select group of professionals to learn with a faculty of national experts and speakers. CBI training is presented by the Co-Directors of the Institute in conjunction with an array of highly experienced practitioners and innovators in the field.

Training topics include overviews of the following selected topics:

- One-page descriptions
- Healing lifestyle and social therapy
- Biographical timelines
- The impact of trauma
- Psychotherapeutic interventions, including Eye Movement Desensitization and Reprocessing (EMDR) and biofeedback
- Psychopharmacology and diagnosis
- Creative and expressive therapies
- Functional Behavioral Analysis

SESSION INFORMATION, REQUIREMENTS AND EXPRESSING INTEREST

2022 - 2023 Session Dates:

- 5/5 and 5/6/22
- 6/2 and 6/3/22
- 7/21 and 7/22/22
- 9/8 and 9/9/22
- 10/13 and 10/14/22
- 11/17 and 11/18/22
- 12/8 and 12/9/22
- 1/12 and 1/13/23
- 2/9 and 2/10/23

Cost: There is no fee to attend CBI.

Live, Virtual Meetings: CBI will be held on the Zoom platform. Participants must have access to a computer, camera, and microphone.

Requirements: The Capacity Building Institute emphasizes the participation and collaboration of all participants. Structured group work participation and assignments, 100% attendance, and a final project are required.

Participation: This year individuals may apply on their own or as part of a County Team. County Teams will have a special opportunity to receive additional support from the CBI Project Team, as requested. Participants are expected to be visible on camera during all CBI sessions.

Expressing Interest: Whether you are applying as an individual or as part of a County Team, each person must separately complete the [**CBI Year 6 Interest Survey**](#) by 2/18/22 to express interest and confirm their ability to attend all sessions. There are a limited number of spaces available for participants. Separate email notification will be sent out to those people invited to attend the 2022-2023 sessions.

Contact Marlinda Smith (marlsmith@pa.gov) for more information.