

Sexuality, Sexual Health and Personal Relationship Policy Development



ACHIEVA



Sexuality is:

“...a central aspect of being human throughout life encompasses sex, gender identities and roles, sexual orientation, eroticism, pleasure, intimacy and reproduction. Sexuality is experienced and expressed in thoughts, fantasies, desires, beliefs, attitudes, values, behaviours, practices, roles and relationships. While sexuality can include all of these dimensions, not all of them are always experienced or expressed. Sexuality is influenced by the interaction of biological, psychological, social, economic, political, cultural, legal, historical, religious and spiritual factors.” *(WHO, 2006a)*

Sexual health is:

“...a state of physical, emotional, mental and social well-being in relation to sexuality; it is not merely the absence of disease, dysfunction or infirmity. Sexual health requires a positive and respectful approach to sexuality and sexual relationships, as well as the possibility of having pleasurable and safe sexual experiences, free of coercion, discrimination and violence. For sexual health to be attained and maintained, the sexual rights of all persons must be respected, protected and fulfilled.” *(WHO, 2006a)*

Personal Relationships - starts with relationships with one another, give and take, respect and understanding. Circle of relationships



- Policy: Purpose & Structure
- Research/Resources
- ACHIEVA's Policy

Policy Purpose



- **Communicate mission, values, and guiding principles**
- **Sets clear expectations and action steps**
- **Teaches employees how to apply policy/procedures in real-life situations and prepare them for critical or emergency situations.**
- **Anticipates potential risks and guards against liability issues.**
- **Establishes non-compliance disciplinary measures**
- **Legality - hold up in court proceedings**



Policy Structure



- **Policy Purpose**
- **Policy Statement**
- **Guidelines**
- **Staff Procedures**
- **Compliance/Risk Management**
- **Training**
- **Applicable Regulations**
- **Resources/Definitions/Relevant Websites**



Research – External Resources



- **MyODP/ISAC**
- **AAIDD – Sexual Assault Prevention for Women with Intellectual Disabilities: A Critical Review of the Evidence**
- **ASERT – The Be Safe Initiative**
- **KEPRO – Sexuality: Education and Abuse**
- **PCAR – A guide for Friends, Family & Care Providers of Sexual Violence**
- **SIECUS – Sexuality and Information Council of the United States**
- **Dave Hingsburger - Relationships, Boundaries, Abuse Consent**
- **Individual Curriculums, Assessment Tools and Consent**



Research – Internal Stakeholders

- Peers
- Trustees
- Staff
- Individuals
- Families

ACHIEVA's Policy Components

Sexuality, Sexual Health and Personal Relationships



- **Policy**

- General Policy Purpose
- Bulletin summary/Goals

- **Guidelines**

Reiterate Policy and Rights

Expands on staff role in abuse prevention/victimization assistance

- **Procedures**

- **Staff Expectations**



ACHIEVA's Policy Components

Sexuality, Sexual Health and Personal Relationship

Staff Expectations

- EDL - Bulletin
- Perceptions/Cultural Sensitivity
- Privacy/Rights
- Assessment
- Consent
- Boundaries/Social Expectations
- Relationships
- Victimization Prevention



ACHIEVA's Policy Components

Sexuality, Sexual Health and Personal Relationships



- **Compliance**
 - Risks
 - Reporting Requirement
- **Training**
 - Staff
 - Family/Individual
- **Regulations/Resources**



Website Resources



Sexual Assault Prevention for Women With Intellectual Disabilities: A Critical Review of the Evidence
Erin Barger, Julia Wacker, Rebecca Macy, and Susan Parish https://aaidjournals.org/doi/10.1352/1934-9556-47.4.249?url_ver=Z39.88-2003&rfr_id=ori:rid:crossref.org&rfr_dat=cr_pub%3dpubmed

ASERT The Be Safe Initiative <http://www.paautism.org/resources/All-Resources/All-Resources-Details/itemid/8988/Be-Safe-Resource-Collection>

KEPRO HCQU Training and Resource Guide – Sexuality: Education and Abuse
https://www.provideralliance.org/wp-content/uploads/2018/08/ISAC-Sexuality-HCQU-Training-and-Resource-Guide_June-14-2018.pdf

PCAR – A Guide for Friends, Family & Care Providers of Sexual Violence
https://www.pcar.org/sites/default/files/resource-pdfs/a_guide_for_friends_family_and_care_providers_of_sexual_violence_survivors_who_have_disabilities.pdf

SEICUS - Sexuality and Information Council of the United States <https://siecus.org/>

ACHIEVA'S ISAC ACTION PLAN



<i>Activity/Initiative/Practice</i>	<i>Target Audience</i>	<i>Timeline</i>
Policy Development and Continual Review	Trustees, Executives, Senior Staff	<i>March 2019 and ongoing</i>
Policy and Procedural Education of an Individual's Sexuality Rights	All Employees	<i>March 2019 ongoing</i>
Outreach/Communications	Families & Community Partners (education, medical, law enforcement)	<i>May 2019 - ongoing</i>
Curriculum & Educational Development	Individuals with disabilities	<i>July 2019 - ongoing</i>

