



DREXEL UNIVERSITY

Division of Behavioral Healthcare Education

College of Medicine

Continue Best Practices With BHE: June 2023 Courses

ABOUT OUR SERVICES

The mission of the Division of Behavioral Healthcare Education (BHE), Department of Psychiatry, Drexel University College of Medicine, is to support behavioral health practitioners in providing high-quality services to people of all ages. We fulfill this mission by delivering continuing education, consultation, technical assistance and conferences, rooted in research and evidence-based best practices.

BHE CAN ASSIST YOU IN:

- Designing and attaining specific program outcomes
- Examining and clarifying basic values, mission and program goals
- Expanding skills and competencies
- Exploring new areas of knowledge
- Improving customer satisfaction
- Staying on the cutting edge of new technologies and experience-based practices



In-person Courses



Live Webinars



On-demand Training

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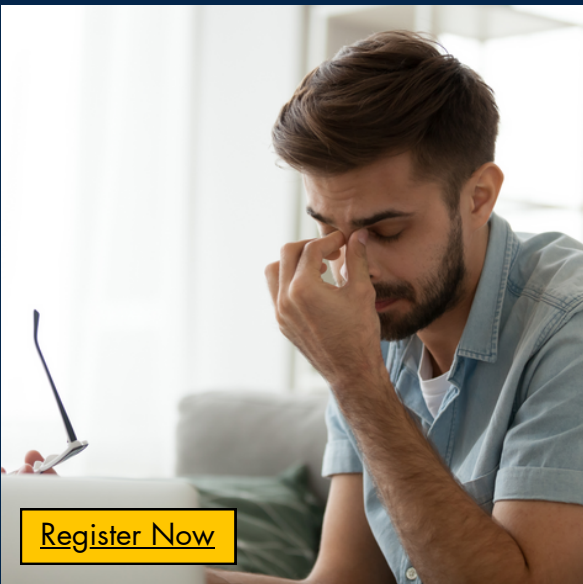
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JUNE 2023 COURSES

[EARN CE HOURS: APA | CPRP | LSW/LCSW/LPC/LMFT | NBCC | PA ACT48 | PCB | PSNA | IACET]



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Becoming Better: Vicarious Resilience and Vicarious Post Traumatic Growth

TUESDAY, JUNE 6, 2023

9 a.m. – 3:30 p.m. EDT

LIVE WEBINAR

Instructors:

Karin C. Gladney PHD, CAADC

Lindsay A. Martin, PHD, LPC, NCC

Vicarious trauma is a significant risk to practitioners working with trauma survivors. The effects may result in pervasive and permanent transformations in the helper's belief system and worldview. While less discussed, there are benefits related to trauma-informed work that can lead to rewarding and inspiring outcomes. As such, vicarious resilience and vicarious post-traumatic growth are two positive constructs associated with beneficial outcomes among practitioners. In this course, we learn to recognize and enhance our potential for positive experiences while working with clients experiencing the impact of trauma.

Borderline Personality Disorder: Issues and Interventions

TUESDAY, JUNE 13, 2023

9 a.m. – 3:30 p.m. EDT

LIVE WEBINAR

Instructor: Christopher M. Owens, MA, LPC, CCTP, C-DBT

Rehabilitation readiness is part of the Boston University approach to help practitioners and persons in recovery evaluate perspectives on engaging in the rehabilitation process, determining the preferred living, learning, working or socializing environment, and developing an overall rehabilitation goal. This training is designed to learn about the psychiatric rehabilitation readiness process, the roles of the practitioners within this approach, and how the psychiatric rehabilitation assessment process differs from traditional approaches.



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Introduction to Dialectical Behavioral Therapy

WEDNESDAY, JUNE 21, 2023

9 a.m. – 3:30 p.m. EDT

LIVE WEBINAR

Instructor: Christopher M. Owens, MA, LPC, CCTP, C-DBT

Working effectively with people who are diagnosed with borderline personality disorder (BPD) presents serious challenges for behavioral health practitioners. Marsha Linehan has developed a research-based treatment approach called dialectical behavioral therapy (DBT), which has been used in a variety of settings in working with people who have serious impulse control and emotional dysregulation disorders such as BPD. This course introduces participants to this model and identifies core skills applicable in practice settings.



JUNE 2023 COURSES CONT'D

[EARN CE HOURS: APA | CPRP | LSW/LCSW/LPC/LMFT | NBCC | PA ACT48 | PCB | PSNA | IACET]

The Dark Triad: An Overview of Narcissistic, Machiavellian & Psychopathic Personality Structures

WEDNESDAY, JUNE 28, 2023

9 a.m. – 3:30 p.m. EDT

IN-PERSON: Sure Stay Plus Hotel, Best Western Lehigh Valley, Bethlehem, PA

Instructor: Lindsay A. Martin, PHD, LPC, NCC

The dark triad of personality is a constellation of three socially aversive personality traits: narcissism, psychopathy and Machiavellianism. These personality patterns share commonalities, including grandiosity, self-promotion, entitlement, impulsivity, emotional coldness and aggression. However, there are vast differences in the etiology, manifestation and adaptivity of individuals with clinical and subclinical presentations. This course explores the malevolent side of human nature and provides strategies to improve assessment and treatment in order to work more effectively with those presenting these personality structures.



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The Art of De-escalation: Working With Agitated and Aggressive Behaviors

THURSDAY, JUNE 29, 2023

9 a.m. – 3:30 p.m. EDT

IN-PERSON: Sure Stay Plus Hotel, Best Western Lehigh Valley, Bethlehem, PA

Instructor: Lindsay A. Martin, PHD, LPC, NCC

There are growing concerns about the prevalence of aggression and violence perpetrated by clients against behavioral healthcare workers. Verbal de-escalation is the recommended first-line response, comprising a range of short-term psychosocial interventions aimed at reducing harm. In this course, participants will evaluate their personal reactions to stressful encounters while learning to better manage individuals presenting with agitation and aggression. The use of video and role play will complement the learning process.



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