

You are invited to participate in the Department of Human Services' (DHS)

#### STATEWIDE POSITIVE APPROACHES & PRACTICES MEETING

Jointly hosted by

# The Office of Mental Health and Substance Abuse Services (OMHSAS) and the Office of Developmental Programs (ODP)

The Department of Human Services' (DHS) Office of Mental Health & Substance Abuse Services (OMHSAS) and the Office of Developmental Programs (ODP) host a quarterly Statewide Positive Approaches & Practices Meeting. This meeting aims to provide the most recent research and resources for people with mental health and behavioral challenges, intellectual disabilities, autism, and other developmental disabilities to live an everyday life.

Date: Thursday, July 13, 2023 Time: 10:00am - 1:00pm Location: Online - Zoom

## TOPIC: CREATING PATHWAYS TO POSITIVE ENGAGEMENT THROUGH MUSIC AND ART

**SESSION DESCRIPTION**: Through lecture and virtual interactive experiences, presenters will guide participants to achieve a greater understanding of how music and art experiences can be used to benefit individuals of all ages, abilities, needs and interests. Participants will learn when music and art can be used as beneficial interventions as well as when a professional music therapist and/or art therapist should be added to the team to further enhance clinical outcomes.

### **PRESENTERS**

Kathy Purcell, MT-BC, Director, Therapeutic Arts Group (TAG)

• Kathy, Director of TAG, is a Board-Certified Music Therapist and Pennsylvania State Certified Music Teacher. She graduated, Cum Laude, from Shenandoah Conservatory is 1989 with degrees in both Music Therapy and Music Education. In 1990, Kathy founded Music Therapy Associates (MTA) to benefit clients of all ages, abilities and needs through quality music therapy services provided at times, locations and with a music therapist that suits each client best. MTA expanded in 2018 and created its sister branch, Art Therapy Associates, in 2019. The two were formally joined under the Therapeutic Arts Group (TAG) umbrella. Opening the new TAG Building in Whitehall, Pennsylvania in 2022 has provided a wonderful opportunity for clients to have a location opportunity other than their school, home, or other community location, to participate in therapy services, lessons, and enrichment programs. Kathy resides in Whitehall, Pennsylvania with her husband, son and 2 cats.

Kristin Ransom, MTT, MT-BC, Music Therapist, Clinical Supervisor TAG

• Kristin is a Board-Certified Music Therapist with a background in performance and theater. She earned a Bachelor of Music degree in Vocal Performance from West Chester University of Pennsylvania and spent time auditioning and performing before discovering the world of music therapy. She received her equivalency and Master of Music Therapy Degree from Appalachian State University and has since served clients with a variety of interests and needs including children with diverse abilities, child and adolescent mental health, adult forensic mental health, pediatric palliative care, substance use, classroom settings, group homes, personal enrichment, and day programs. Her favorite part of music therapy is the privilege of witnessing the bravery and openness of her clients as they engage in therapy to increase their personal well-being.

### Taoran Xie, ATR, Registered Art Therapist, TAG

• Toran received a Bachelor of Arts degree in Psychology and Geography from Pennsylvania State University and a Master's degree in Creative Arts Therapy from Hofstra University. As part of her studies at both universities, Taoran completed some of her studies abroad in South Africa. Since graduating from her master's program, Taoran has been providing services for adults and youth with intellectual and developmental disabilities. She has worked in the states of New York, Florida, and now in the Lehigh Valley. She is in the final phase of completing her board certification in 2023 through Art Therapy Credentials Board.

#### **AGENDA**

10:00am Welcome and Announcements

Gregory Cherpes, MD, Medical Director, ODP

Introduction

Amy Kabiru, MSW, LSW, BCBA, Clinical Consultant, OMHSAS

10:15am - 11:15am Creating Pathways to Positive Engagement through Music and Art Part 1

Kathy Purcell, MT-BC, Director, TAG

Kristin Ransom, MTT, MT-BC, Music Therapist, Clinical Supervisor, TAG

Taoran Xie, ATR, Registered Art Therapist, TAG

11:15am - 11:45am Break

11:45am – 12:45pm Creating Pathways to Positive Engagement through Music and Art Part 2

12:45pm **Survey** 

12:55pm End of Day Reflection

**TO REGISTER:** <a href="https://forms.office.com/r/TPDynUNth6">https://forms.office.com/r/TPDynUNth6</a>. The Zoom link will be sent to the email you provide 24 hours before the session. Questions? Email: <a href="mailto:PATraining@columbusorg.com">PATraining@columbusorg.com</a>

Certificates of Attendance are not issued for the Statewide Approaches & Positive Practices Meetings.

**Next Meeting:** Date to be identified.