September ··· Virtual ··· Events

A non profit, by people with disabilities, for people with disabilities. Power Up!





POWER TALK WITH ODP: SAPNA

September 8th, Friday 10AM-12PM

Do you have questions about or issues with the supports and services for people with intellectual disabilities and or autism (ID/A) in PA? Join us for our monthly chat with staff from the PA Office of Development Programs (ODP), the government office that oversees and funds those supports and services. People with ID/A in PA can speak up with ODP staff, and others are welcome to listen and learn. We start the calls reviewing the questions we already gathered and sent to ODP, then talk about them with ODP staff. After the ODP staff leave, you are invited to stay on for a bit while we discuss what we heard, and gather questions to send to ODP for next month.

ALL ABOUT RIGHTS: SAPNA

September 15th, Friday 10AM-12PM

Learn about human rights, civil rights and the history of rights. We'll also go over the rules about people's rights and speaking up for your rights. Find out more about ODP services and complaints about services.

ALL ABOUT SPEAKING UP: SAPNA

September 22nd, Friday 10AM-12PM

Do you know your rights? Are you getting what you want and need? Join us to learn all about speaking up. Tell us ways YOU speak up!

STARTING AND STRENGTHENING A SELF Advocacy group: Satin

September 29th, Friday 10AM-12PM

Interested in starting a Self-Advocacy group? Join us to learn more about leadership and how to lead your support group! Self-Advocacy is about speaking up for the life that YOU want. When we speak up together, we have a powerful voice!

HOW TO JOIN:

For video and audio by computer or smartphone, get the passcode from Rita anytime before the event!

Call 724 588 2378 or Email power@sau1.org

The day of the event, go online at $\underline{sau1.me/zoom}$ then enter the passcode or join right from our online events calendar at $\underline{sau1.me/events}$ and enter the passcode.

For just audio from any phone: dial 646 876 9923, then meeting ID: 223 344 5555 ##

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WANT TO JOIN US IN PERSON?

Keep an eye out for events in your area:

go to sau1.org/power-events for the latest news on our local Power Events

Spread your power to friends and family! Families, staff, allies, and other guests are welcome to listen and learn.

Self Advocates United as 1; supporting the self advocacy of people with disabilities for positive impact in our communities and in people's lives since 2007.



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