## Philadelphia Coordinated Health Care

## TRANSITIONING FROM RESIDENTIAL TO COMMUNITY

(IN-PERSON TRAINING)



The uncertainty of choice entering into a community living arrangement after spending years in placements as a child, can feel scary and overwhelming. Most times, individuals have never had to make a choice, their days were planned to the minute.

This training will explore some of the common behavioral challenges that individuals face with newly found freedom of choice. How structure and routine provide a sense of security. The unrecognized traumas of placements and family disruptions.

<u>Presenter:</u> Christine Sides, M.A., LPC, - Behavioral Health Specialist <u>Date:</u> Wednesday, October 11, 2023 <u>Time:</u> 10:00 AM - 12:00 PM <u>Location:</u> Delaware County Intermediate Unit Bldg. (DCIU) - Room 151

200 Yale Avenue

Morton, PA 19070

## "Click Here to Register"



Scan code for PCHC.org



Funding provided by the Philadelphia Department of Behavioral Health/Intellectual disAbility Services, the Bucks, Chester, Delaware and Montgomery County Offices of Intellectual/Developmental Disabilities and the Office of Developmental Programs, Pennsylvania Department of Human Services.