



CONTINUING EDUCATION WEBINAR

DECEMBER 11, 2023
10:00 AM – 12:00 PM

The Acentra Health Southwestern PA Health Care Quality Unit (HCQU) cordially invites you to attend this free webinar:

ONE SIZE DOES NOT FIT ALL: SEX ED FOR PEOPLE WITH ID/A

Presented by Sarah Dahlston, CHES, CSE

- **Target audience for this presentation:** Psychologists, Social Workers, Licensed Professional Counselors, Nurses, and other professionals who support people with intellectual disability/autism (ID/A)
- A question-and-answer session will follow each webinar
- Attendees may submit questions via the online Q&A Chat
- # of CEs offered: 2

HOW TO REGISTER

- ❑ Visit the HCQU website at: hcqu.kepro.com
- ❑ Click on the “Training” tab at the top of page
- ❑ Create a user account on the new Training Site or Sign-In to existing account
- ❑ Click on “Instructor-led Training Registration” in the header bar
- ❑ In the left-hand column, click on “Registration”
- ❑ Select training taking place on 12.11.2023 and click on “Register”

Upon Completion of this Webinar Participants will be able to:

- List three ways in which people with disabilities are treated differently in regard to sexuality, sexual health education, and sexual decision making.
- Recall two ways relationships and sexual health education lessons can be adapted to meet the needs of the learner



ABOUT THE
Speaker

Sarah Dahlston

Sarah Dahlston (she/her) is the Senior Director of Education at Planned Parenthood Southwest Ohio. She provides relationship and sexual health education and training services to people of diverse backgrounds, with a focus on adult learners and people with disabilities.

Sarah enjoys kayaking, going to concerts and desserts of all kinds. She is a Certified Health Education Specialist and a Certified Sexuality Educator.

**Acentra Health Southwestern PA
Health Care Quality Unit**

The Acentra Health HCQU is approved by the American Psychological Association to sponsor continuing education for psychologists. The Acentra Health HCQU maintains responsibility for this program and its content. Documentation for continuing education credits will only be awarded to those who attend the training in its entirety and complete necessary paperwork. Attendees are responsible for submitting documentation to their respective agencies. Instructional methods utilized in this training include informational literature, audience participation, and a question-and-answer session with the presenter.

