

# REDUCING THE IMPACT OF TRAUMA ON CHILDREN & YOUTH THROUGH ART

JULY 23, 2024  
10:30am - 12:30pm  
via Zoom



## COURSE OVERVIEW

This workshop is intended to provide art techniques to **clinicians without art therapy credentials** when working with children and youth impacted by trauma. No previous art therapy training is required.

Participants will learn the boundaries between art therapy and the use of art activities for non-art therapy professionals.

## COURSE CONTENT

- *The training will highlight the delicate interplay between childhood trauma, art, and therapeutic interventions.*
- *Participants will learn how to use art to facilitate healing, express emotions, and reduce traumatic stress.*
- *Participants will learn how to use art to address behavior challenges and increase emotional regulation.*
- *The training will help clinicians teach children and youth how to use art-based coping skills outside of the therapeutic setting.*

## WHO SHOULD ATTEND

This course is intended for Social Workers, Professional Counselors, Marriage and Family Therapists, School-Based Clinicians, Graduate Students, and others supporting the mental health and well-being of children and youth.

## REGISTRATION LINK

This course is **free-of-charge** due to a generous grant from the Pew Charitable Trusts.



## CE CREDITS

Participants will be awarded **2 CE Credits** upon completion.

Child Guidance Resource Centers (CGRC) is approved by the Pennsylvania State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors to offer continuing education for social workers, marriage and family therapists, and professional counselors. CGRC maintains responsibility for the program.



**Antonia J Cianfrani, MA, ATR-BC, LPR**

**PRESENTER:** Ms. Cianfrani, is a certified art therapist who provides trauma-informed treatment to children, adolescents and adults utilizing art therapy techniques. Antonia holds a MA in Creative Arts and Counseling from Drexel University and a BFA from Massachusetts College of Art and Design. Antonia is an Adjunct Professor at Drexel University's Master of Arts in Art Therapy and Counseling Programs. Antonia is a working ceramic and portraiture artist in the Philadelphia area.

**For more information**  
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