



Dual Diagnosis Professional Conference Series

Insidious Trauma: Context, Impact, and Considerations for Care

September 11, 2024, 10:00 AM– 1:00 PM

What is the Dual Diagnosis Professional Conference Series?

The Department of Human Services' **Office of Developmental Programs (ODP)** and the **Office of Mental Health and Substance Abuse Services (OMHSAS)** are pleased to announce the Dual Diagnosis Professional Conference Series, which offers presentations focused on supporting individuals with intellectual disabilities and autism (ID/A) and mental health needs. The selected presenters share their expertise on best and promising practices as well as provide general knowledge. Session topics, which focus on increasing capacity to serve individuals with dual diagnosis in the community, are chosen based on identified needs and with input from the field of professional stakeholders.

- The invited audience of all professional stakeholders, including direct and clinical supporters for individuals with ID/A are encouraged to attend.
- Registration is required and at no charge to attendees.
- Three (3) hours of training credit and a certificate of achievement is provided.

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DESCRIPTION

Oppression and marginalization in their various forms have a profound impact on individuals and communities as it does our interactions with systems and with one another. This session will introduce the impact of trauma broadly, provide an overview of insidious trauma and its effects, and explore some relevant interpersonal and clinical considerations in supporting those impacted by traumatic stress.

Objectives:

1. Define trauma and discuss some of its impacts.
2. Review SAMHSA principles for trauma-conscious interactions in various settings and roles.
3. Define insidious traumatic stress and consider how it may affect individuals and communities.
4. Explore strategies for trauma-conscious care in clinical and community interventions for working with clients experiencing insidious trauma.
5. Consider some ways in which you can support those who are experiencing insidious trauma.

PRESENTER

Crystal L. Austin, Ph.D., L.P:

Dr. Austin is an Assistant Professor of Instruction in the Temple University College of Education and Human Development. She earned a doctorate in counseling psychology from the University of Albany and is a licensed psychologist in the Commonwealth of Pennsylvania. Dr. Austin's clinical and research interests include exploration of intersecting identities, biracial identity experiences, and racism-related traumatic stress. She has developed and facilitated trainings for diverse professionals (e.g., educators, health professionals) about oppression-based trauma and trauma-conscious practice and has been involved in research and evaluation of trauma-informed intervention.

Prior to her time at Temple, Dr. Austin worked in university and community mental health settings in a variety of roles, including intervention, assessment, outreach and supervision. In teaching, research, and practice, Dr. Austin strives to approach student, participant, and client care holistically and in a way that exercises cultural humility, curiosity, and respect.

HOW TO ATTEND

REGISTER AT:

https://us02web.zoom.us/webinar/register/WN_0D3TnE3FRAOaifoTq2aNFg

The session will be offered virtually, via the Zoom© platform. To participate, you will need access to a computer that meets the Zoom system requirements. Read about [Zoom Technology Requirements](#) to be able to participate in the session.

For questions on registration, email: patraining@columbusorg.com